

Oxfordshire - Banbury Campus Children's University News

Winter 2018/2019

# **Children's Uni Winter Round-Up**



We wish all of our students and Learning Destinations a lovely Christmas and a bright & happy New Year!

### Three schools now form our CU Campus

We now have three Banbury schools enrolled with our local Children's University™ campus: **Hanwell Fields Community** School, Queenway School and Dashwood Banbury Academy.

We wish to say how happy we are to share our journey with you! If you belong to another primary school in Banbury and wish to participate, please contact us to find out more about our Children's University™ scheme.



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# Winter Challenge 2018



Get Crafty! Make origami **Christmas figures:** http://bit.ly/2zvQRbs

Christmas Holiday! Make a poster explaining another country's Christmas traditions

Get Baking! Find inspiration here: http://bit.ly/2Dyn2eq

Get Writing! Write a Christmas poem 4

Shake it Up! How many words can you make with the letters from the word RUDOLPH?

Get dancing! Choreograph a dance to your favourite Christmas song

Science! Carry out a dissolving candy cane experiment: http://bit.ly/2Q6y6Ri

Collect extra Children's University credits during the Christmas break by completing this challenge. Each activity is worth 1 credit, when you take evidence of your activity to your teacher or local CU. This could be a photograph, video, a work sheet, or writing about what you did! Any questions? contactus@childrensuniversity.co.uk

## **Our latest CU Learning Destinations...**

### **NEW CU Learning Destination: Freestyle Martial Arts - Banbury**



Freestyle Martial Arts is a contemporary blend of four styles of traditional martial arts: karate, taekwondo, kung-fu and kickboxing. Based at Bicester & Banbury College, they meet and train upto three times a week.

Led by Master Instructor Elliot Manning (5th Dan), who has been training in martial arts for over two decades and has been a qualified Master Instructor since 2010, Freestyle Martial Arts is "easy to learn, great fun to do, and safe for all ages and abilities" and helps each child to develop and master life-skills, including within the areas of:

- Confidence & Self-Esteem
- Motivation & Commitment
- Courtesy & Respect
- Discipline & Self-Control
- Integrity & Awareness
- Leadership



Ricochet

At the same time, a skills base is developed to help children to resist bullying, peer pressure or possible attack. All this is packaged together into a simple to learn programme with lots of variety and fun challenges for children to enjoy.

Find out more: https://www.freestylemartialarts.com/banbury

## **NEW CU Learning Destination: Go Trampolining / Ricochet**



Go Trampolining is the home of Ricochet Trampoline Club.

A permanant trampoline facility, Go Trampolining is situated at Bridge Wharf in the centre of Banbury in GymMark accredited surroundings.

Trampoline sessions run across the week from beginner level onwards, developing along British Gymnastics guidelines. Children progress through stages 1-10 on the club scheme, with other awards to aim for too. The classes teach the basics, intermediate skills and also aspects of trampolining including twisting, somersaults and routine work.

Go Trampolining and Ricochet are headed by coach Karen Bunyan, who has over 20 years experience and whose students have had numerous successes at local and national level. Coach, Michael Bunyan, still competes successfully and has won various national awards, both in his trampolining and also through his role as mentor to others. Besides being successful in its sport, Go Trampolining is an inclusive venue that accepts children of all levels and abilities who wish to trampoline.

Find out more: https://www.facebook.com/gotrampolining/

### **NEW CU Learning Destination: Joanne Merry School of Dance**



Miss Jo is an established and enthusiastic dance teacher who has, herself, been dancing since the age of 3 years and assisting with classes since the age of 13. Her popular Joanne Merry School of Dance has now been established for over ten years. Situated at Hanwell Fields Community Centre, lessons are offered in:

- **Ballet** Ballet is the most popular class; younger ones enjoy using their imagination and props to encourage them to learn basic techniques and to follow rhythms.
- **Tap** Tap is a form of dance which uses special types of shoes equipped with metal taps at the bottom. The feet are used to create timely beats and rhythmic patterns.
- **Modern** These classes focus on contractions, spirals, basic floor work, and concepts of space, time and force developing technical proficiency and rhythmic accuracy.
- **Freestyle** A popular style of dance that involves runs, spins, kicks and leaps as well as many other diverse steps and movement; a fun way for pupils to use freedom of expression to enhance their style.
- **Pointe** Pointe technique is the part of classical ballet technique that concerns pointe work, in which a ballet dancer supports all body weight on the tips of fully extended feet within pointe shoes. Pointe work is performed while wearing pointe shoes, which employ structural reinforcing to distribute the dancer's weight load throughout the foot, thus reducing the load on the toes enough to enable the dancer to support all body weight on fully vertical feet.

Interested to find out more? Pick up a Joanne Merry School of Dance leaflet from the school reception for a *free trial lesson*.

Text adapted from www.joannemerryschoolofdance.co.uk

## ... And a re-launch of one of our first!

# **Banbury** Museum

## **Banbury Museum Re-launch!**

New exhibition space, refreshed gallery and new logo – Banbury Museum are back!

Banbury Museum re-opened its gallery and exhibition space on 1 December. Now complete with a stunning new and larger PYE Gallery, its first exhibition is 'Pop Art in Print', a national touring exhibition from the V&A Museum. The main museum has also now re-opened to visitors.



Children's events at the museum will resume in the February half-term; look out for more information soon! In the meantime, why not pop along to the museum during the holidays, join the free Hobby Horse club, view the refreshed galleries and also complete a trail or two!

CU hours are valid for children's events, crafts and museum trails!

https://www.banburymuseum.org/

## A snapshot of 'what's on' locally: January 2019



There's lots going on at the Mill Arts Centre in the New Year where you can also collect CU hours, including the following:

From 8 January 2019

#### **B-Counted**

Street Dance Project (ages 11-14) at OYAP, Bicester

From 15 January 2019

#### Paintbox!

Crafts (ages 6-13)

From 16 January 2019

#### **Youth Guitar**

Beginners and Intermediate (ages 6-13)

From 22 January 2019

### 7/10 Young Company

In association with Oxford Playhouse; create a performance of Wind in the Willows (ages 7-10)

From 22 January 2019

#### **B-Seen**

Visual Art & Drama Project (ages 9+) at OYAP, Bicester

For more information, visit:

https://www.themillartscentre.co.uk/classes-workshops/

12 January 2019

Creative Computing Club (9-12 years)



Castles and Coding

Booking is essential.

For more Science Oxford events, visit:

https://scienceoxford.com/events/

# **ASHMOLEAN**



Sat 19 Jan, 2–4.45pm and 3.15-4pm ASHVENTURES – ANCIENT GREECE: MYTHS & LEGENDS

All ages of children are welcome when accompanied by an adult. All Ashmolean family events are free, with a suggested donation of £1 per child.

For more information, visit: https://www.ashmolean.org/events





14 January 2019

A Little Look at...

Oceans

A focused look at

Christmas Island

For more information, visit: <a href="https://oumnh.ox.ac.uk/events">https://oumnh.ox.ac.uk/events</a>



Visit Woodland Trust's **Nature Detectives** for lots of free festive and wintery nature-inspired craft ideas to do with the family.

https://www.woodlandtrust.org.uk/naturedetective.s/activities/search/?activityTopic=100030581